

Singapore Canoe Federation
5th National Women Kayaking Championship 2009
Race Programme

25th July, Saturday

Race	Time	Distance	Category	Event		Progression
1	9:00	1000m	U19	K1	H1	1st & 2nd to Final. 3rd ~ 5th to SF. Rest out
2	9:10	1000m	U19	K1	H2	1st & 2nd to Final. 3rd ~ 5th to SF. Rest out
3	9:20	1000m	Open	K1	H1	1st & 2nd to Final. 3rd ~ 5th to SF. Rest out
4	9:30	1000m	Open	K1	H2	1st & 2nd to Final. 3rd ~ 5th to SF. Rest out
5	9:40	1000m	U19	K2	H1	1st & 2nd to Final. 3rd ~ 5th to SF. Rest out
6	9:50	1000m	U19	K2	H2	1st & 2nd to Final. 3rd ~ 5th to SF. Rest out
7	10:00	1000m	Open	K2	H1	1st to Final. 2nd & 3rd to SF. Rest out
8	10:10	1000m	Open	K2	H2	1st to Final. 2nd & 3rd to SF. Rest out
9	10:20	1000m	Open	K2	H3	1st to Final. 2nd & 3rd to SF. Rest out
10	10:40	1000m	U19	K1	SF	1st & 2nd from SF to Final. Rest out
11	10:50	1000m	Open	K1	SF	1st & 2nd from SF to Final. Rest out
12	11:00	1000m	U19	K2	SF	1st & 2nd from SF to Final. Rest out
13	11:10	1000m	Open	K2	SF	1st ~ 3rd from SF to FINAL. Rest out
14	11:30	1000m	U19	K4	Final	Final
15	11:40	1000m	Open	K1	Final	Final
16	11:50	1000m	U19	K1	Final	Final
17	12:00	1000m	Open	K2	Final	Final
18	12:10	1000m	U19	K2	Final	Final
19	12:20	1000m	Open	K4	Final	Final

Lunch Break

200m Races

20	14:00	200m	Open	K1	H1	1st & 2nd to Final. 3rd ~ 5th to SF. Rest out
21	14:03	200m	Open	K1	H2	1st & 2nd to Final. 3rd ~ 5th to SF. Rest out
22	14:20	200m	Open	K2	H1	1st & 2nd to Final. 3rd ~ 5th to SF. Rest out
23	14:23	200m	Open	K2	H2	1st & 2nd to Final. 3rd ~ 5th to SF. Rest out
24	14:40	200m	Open	K1	SF	1st & 2nd from SF to Final. Rest out
25	14:50	200m	Open	K2	SF	1st & 2nd from SF to Final. Rest out
26	15:20	200m	Open	K1	Final	Final
27	15:30	200m	Open	K2	Final	Final
28	15:40	200m	Open	K4	Final	Final

Medal Presentation

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26th July Sunday

29	9:30	500m	U 19	K1	H1	1st & 2nd to Final. 3rd ~ 5th to SF. Rest out
30	9:35	500m	U 19	K1	H2	1st & 2nd to Final. 3rd ~ 5th to SF. Rest out
31	9:40	500m	Open	K1	H1	1st & 2nd to Final. 3rd ~ 5th to SF. Rest out
32	9:45	500m	Open	K1	H2	1st & 2nd to Final. 3rd ~ 5th to SF. Rest out
33	9:50	500m	U 19	K2	H1	1st & 2nd to Final. 3rd ~ 5th to SF. Rest out
34	9:55	500m	U 19	K2	H2	1st & 2nd to Final. 3rd ~ 5th to SF. Rest out
35	10:00	500m	Open	K2	H1	1st & 2nd to Final. 3rd ~ 5th to SF. Rest out
36	10:05	500m	Open	K2	H2	1st & 2nd to Final. 3rd ~ 5th to SF. Rest out
37	10:25	500m	U 19	K1	SF	1st & 2nd from SF to Final. Rest out
38	10:30	500m	Open	K1	SF	1st & 2nd from SF to Final. Rest out
39	10:40	500m	U 19	K2	SF	1st & 2nd from SF to Final. Rest out
40	10:45	500m	Open	K2	SF	1st & 2nd from SF to Final. Rest out
41	11:00	500m	U19	K4	Final	Final
42	11:05	500m	U15	T1	Final	Final
43	11:10	500m	Open	K1	Final	Final
44	11:15	500m	U 19	K1	Final	Final
45	11:20	500m	U 15	K1	Final	Final
46	11:25	500m	Open	K4	Final	Final
47	11:30	500m	U 19	K2	Final	Final
48	11:35	500m	U 15	K2	Final	Final
49	11:40	500m	Open	K2	Final	Final

Medal Presentation