**SINGAPORE CANOE FEDERATION**

**5th National Women Kayaking Championship Racing Rules**

**25th & 26th July 2009**

## A. General Regulations

### 1. Objectives

a) To race over a clearly defined, unobstructed course in the shortest possible time.
b) To provide opportunities for women canoeists to compete at the national level.
c) To identify talents in competitive canoeing.

### 2. Competition Rules

All competitions shall be held in accordance with the Racing Rules of the Singapore Canoe Federation and ICF Flatwater Racing Regulations.

### 3. Competitors & Entries

All competitors must be residing in Singapore and are representing an organisation:

a) Only the members of Clubs/ Associations/ Schools affiliated with the Federation have the right to participate in this competition.
b) Competitors may participate in one of the following categories:

- ***Under 15 Category***
  The maximum eligible age for this category is the year that the competitor's 14th birthday fall in (i.e. born in the year 1995 or later)

- ***Under 19 Category***
  The maximum eligible age for this category is the year that the competitor's 18th birthday fall in (i.e. born in the year 1991 or later)

- ***Open Category (No age limit)***

c) A competitor may not compete in more than one category or represent more than one Club/ School/ Association.
d) Each affiliate/ school is allowed ***two boats*** per event, except for K4 events where only one entry is allowed
e) Rates are at $10 per head per event.
f) Closing dates for:
   ***Form A (10th July 2009)***
   ***Form B (17th July 2009)***
   ***Registration Fees (22nJuly 2009)***

All cash payments can be made at Singapore Canoe Federation Office, 10 Stadium Lane (opp. former Police Coast Guard) or,

Cheque payments are to be made to "**Singapore Canoe Federation**", and to be send to the Treasurer at: -

32 River Valley Close.
#18-32, Singapore 238436

g) There will be a team manager's briefing to be scheduled on ***Wed, 22nd July, 7:30pm*** (Venue to be confirmed).

## 4. Events

| ***Categories / Distance*** | **1000m** | **500m** | **200m** |
|---|---|---|---|
| Under 15 | K1, K2 | T1, K1, K2 | NA |
| Under 19 | K1, K2, K4 | K1, K2, K4 | NA |
| Open Cat | K1, K2, K4 | K1, K2, K4 | C1, K1, K2, K4 |

## 5. Specifications

| | T1 | C1 | K1 | K2 | K4 |
|---|---|---|---|---|---|
| Max. Length/ cm | 465 | 520 | 520 | 650 | 1100 |
| Min. Weight/ kg | 16 | 16 | 12 | 18 | 30 |

a) The length of a canoe, kayak or tourer shall be measured between the extremes of the bow and stern. Any rudder forming a continuation of the length of a kayak is not to be included in the measurement.
b) Steering rudders or any guiding apparatus directing the course of the tourer are not allowed.
c) All kayaks or tourers must have seats.
d) The competition organiser reserves the right to select at random any boats for checking.
e) All competitors are to provide their own canoes, kayaks or tourers in accordance to the above specifications.

## 6. Alterations in entries and withdrawals

a) No alteration of entries will be allowed after the closing date, though substitution (must be from the entry list of competitors' names) may be submitted at least **ONE** hour before the start of the 1st race.
b) A maximum of six substitutes can be included in the Entry List of Competitors' Details.
c) Any team who has withdrawn from one event will not be allowed to enter any other event for which they have not registered during the initial submission.
d) All entry fees cannot be refunded.

## 7. Protest and Appeal

a) A protest or appeal for infringement during the race must be lodged by only the team manager and within 10 minutes after the completion of the event.
b) All protests and appeals shall be made in writing and be accompanied by a fee of **$50.00 each.**
c) The fee will be refunded if the protest or appeal is upheld.

## 8. Kayak and Personal Numbers

All kayaks or tourers shall carry a vertical plate, indicating the lane, shall be placed on the centerline on the afterdeck. Canadian canoes foredeck.

## 9. Instructions for Competitors

a) All competitors are expected to attain minimum One Star Kayaking Proficiency Award. Buoyancy vests must be worn at all times when in water.

b) Before the beginning of the race, each team manager shall receive printed or written instructions containing the following information:-
   i) Detailed information on the courses and their markings.
   ii) Starting time.
   iii) Starting lane.
   iv) Competitors racing number.
   v) Type of boat control.

## B. Racing Regulations

### 1. Disqualification

a) Any competitor who attempts to win a race by other than honourable means, or who breaks the racing regulations, or who disregards the honourable nature of the racing regulations shall be disqualified from the race.
b) Should a competitor have completed a race in a canoe, kayak or tourer, which is shown upon inspection not to conform to the ICF classifications he/ she shall be disqualified from the race in question.
c) It is forbidden to receive, during a race, outside help, or to be accompanied by other boats along the course - even outside the lanes - or by throwing objects into the course. The minimum penalty imposed could be that of the withdrawal of an event from the Club of the pacer.
d) In the event of a capsize, the competitor or crew is eliminated from the race.
e) No warm-up or practices are allowed along the racing lane during the course of the Championship.
f) All such acts shall entail the disqualification of the competitor concerned.
g) The lanes are marked with buoys or floats, competitors must pass in between the buoys corresponding to their lane. Paddling across other lanes can be disqualified from the race.

### 2. Means of propulsion

a) Kayaks or tourers shall be propelled solely by means of double-bladed paddles.
b) The paddles may not be fixed on the boats in any way.
c) C canoes shall be propelled solely by means of single-bladed paddles.
d) If a paddle is broken a competitor may not be provided with a new one by a supporter.

### 3. Heats and Finals

a) At least 3 boats must be entered before a race can be held. If the number of entries in races up to and including 1000 metres is so great that heats are necessary, the number of boats in each heat and in the final must not exceed 6.
b) The division of the competitors into heats shall be determined by the drawing of lots.
c) For all events, 6 boats may participate in the final If more than this number has been entered in the race, it shall be as follows (see also Appendix A):

| | | |
|---|---|---|
| 3 - 6 entries | : | Direct final. |
| 7 - 12 entries | : | 2 heats and 1st & 2nd from each heat to final. 3rd to 5th to semi-final and rest out. From semi-final 1st & 2nd to final |
| 13 - 18 entries | : | 3 heats and 1st from each heat to final. 2nd and 3rd from each heat to semi-final and rest out. From the semi-final, first 3 to the final. |
| 19 - 24 entries | : | 4 heats and 1st to 3rd from each heat to two semi- |

| | |
|---|---|
| | finals and rest out. From the semi-finals, 1st to 3rd to final and rest out. |
| Withdrawal OR 'no-show' during the Championships | **Any withdrawal or 'no show' <u>during the Championships</u>, by any team, for any heat, will not affect the other boats in that heat. Should the withdrawal or 'no show' result in only one boat remaining in a particular heat, that remaining boat will be declared a Finalist by default.** |

d) When making the draw, the difference between the numbers of competitors in the heats of a race shall not exceed one. If the number of competitors in the heats varies, the earlier heats shall have the larger numbers.
e) Any crew that has not taken part in a heat (except for events with no heats) shall NOT be allowed to compete in the final.

## 4. Start

a) Lots shall be drawn to determine the station of the boats at the start. Number one shall be placed to the left most (in the direction facing the finishing line), then number 2 and so on.
b) In competitions where heats are required, lots must be drawn separately for each heat.
c) Competitors have to be at the starting area at least 2 events before the start of their race. The start shall be given punctually without reference to any absentees.
e) Competitor who fails to report 2 events before his/ her event shall be considered to have voluntarily withdrawn from the race.
f) The position of the boats at the start shall be such that the bows of the competing boats are on the starting line. Boats must be stationary. Blades are allowed on the water surface to stay balance and must not propel forward.
g) The starter shall give the starting signal by the word "START WITHIN TEN SECONDS" when he is satisfied he will give the starting signal by a blast of the air horn.
h) If the competitor starts paddling ahead after the word "START WITHIN TEN SECONDS" and before the air horn has sounded, he has made a false start.
i) The starter must immediately warn the offending competitor/s, and if 2 false starts are made by the same competitor/s, the starter shall disqualify him/ her from the race.
j) Any competitor who disregards the second warning of the starter to take up the correct position at the start, and who keeps ahead of the other competitors, shall be disqualified from the race.
k) The recall shall be made by means of a second long blast of the air horn.

## 5. Interruptions

The Umpire has the right to interrupt a correctly started short distance race if unforeseen hindrances arise. Such an interruption may be effected by the course umpires with a red flag and sound signal. Competitors must immediately stop paddling and await further instructions.

## 6. Taking pace and hanging

a) Taking pace or receiving assistance from boats not in the race or by any other means is not permitted.

b) In races up to 1000 metres, competitors must keep their lane from the start to the finish of the course. It is forbidden to hang, and no competitor must come nearer than two metres in any direction to another competitor.

## 7. Collision or Damages

Any competitor who is responsible for a collision or who damages the boat or paddle of another will be disqualified.

## 8. Finish

a) The boat has finished the race when its bow crosses the finish line with all crew members in it.
b) If two or more boats reach the finishing line at the same time they are awarded the same classification in the final. In case of a dead heat finish for any position which determines the advance to the next level of the competitions, the following rules will apply:

    i) Whenever there are sufficient number of lanes available in the next level of the competitions, drawing of lots will determine to which race these boats will advance. If it is possible it may also use lane number 0 or 7.
    ii) In case of a dead heat in a rerace, drawing of lots will determine the outcome.

## 9. Awards/Medals

The championships medals shall be given to first to third position (gold, silver, bronze), competitor/s who have won championship races.

In the event of any question or doubt which is not provided for in this set of Rules and Regulations, the decision of the competition organiser shall be final.

**Appendix A**

Division of 6 Lanes

For 7 - 12 competitors

| **No. of entries** | **No. of boats** | | **Semi - Final** | | | **Final** | |
|---|---|---|---|---|---|---|---|
| | Heat 1 | Heat 2 | Placing | Lane | Placing | Lane (A) | Lane (B) |
| 7 | 4 | 3 | 3 / H1 | 4 | 1 / H1 | 4 | 3 |
| 8 | 4 | 4 | 4 / H1 | 5 | 2 / H1 | 5 | 2 |
| 9 | 5 | 4 | 5 / H1 | 6 | 1 / H2 | 3 | 4 |
| 10 | 5 | 5 | 3 / H2 | 3 | 2 / H2 | 2 | 5 |
| 11 | 6 | 5 | 4 / H2 | 2 | 1 / SF | 6 | 1 |
| 12 | 6 | 6 | 5 / H2 | 1 | 2 / SF | 1 | 6 |
| 1st & 2nd from Heats to Final.<br>3rd, 4th, and 5th to Semi-Final.<br>Rest out. | | | 1st & 2nd from Semi-Final to Final.<br>Rest out. | | | | |

For 13 - 18 competitors

| **No. of entries** | **No. of boats** | | | **Semi - Final** | | | **Final** | |
|---|---|---|---|---|---|---|---|---|
| | Heat 1 | Heat 2 | Heat3 | Placing | Lane | Placing | Lane (A) | Lane (B) |
| 13 | 5 | 4 | 4 | 2 / H1 | 3 | 1 / H1 | 3 | 4 |
| 14 | 5 | 5 | 4 | 3 / H1 | 5 | 1 / H2 | 4 | 5 |
| 15 | 5 | 5 | 5 | 2 / H2 | 4 | 1 / H3 | 2 | 3 |
| 16 | 6 | 5 | 5 | 3 / H2 | 1 | 1 / SF | 5 | 2 |
| 17 | 6 | 6 | 5 | 2 / H3 | 2 | 2 / SF | 1 | 6 |
| 18 | 6 | 6 | 6 | 3 / H3 | 6 | 3 / SF | 6 | 1 |
| 1st from Heats to Final.<br>2rd & 3th to Semi-Final.<br>Rest out. | | | | 1st ~ 3rd from Semi-Final to Final.<br>Rest out. | | | | |

Division of 6 Lanes (Cont'd)

For 19 - 24 competitors

| **No. of entries** | **No. of boats** | | | | **Semi – Final Option (A)** | | | | **Semi – Final Option (B)** | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| | Heat 1 | Heat 2 | Heat 3 | Heat 4 | SF1 | Lane | SF2 | Lane | SF1 | Lane | SF2 | Lane |
| 19 | 5 | 5 | 5 | 4 | 1/H1 | 4 | 1/H2 | 4 | 1/H1 | 3 | 1/H2 | 3 |
| 20 | 5 | 5 | 5 | 5 | 1/H3 | 3 | 1/H4 | 3 | 1/H4 | 4 | 1/H3 | 4 |
| 21 | 6 | 5 | 5 | 5 | 2/H2 | 5 | 2/H1 | 5 | 2/H2 | 2 | 2/H1 | 2 |
| 22 | 6 | 6 | 5 | 5 | 2/H4 | 2 | 2/H3 | 2 | 2/H3 | 5 | 2/H4 | 5 |
| 23 | 6 | 6 | 6 | 5 | 3/H1 | 6 | 3/H2 | 6 | 3/H1 | 1 | 3/H2 | 1 |
| 24 | 6 | 6 | 6 | 6 | 3/H3 | 1 | 3/H4 | 1 | 3/H4 | 6 | 3/H3 | 6 |
| 1st ~ 3 rd to Semi-Final.<br>Rest out. | | | | | 1st ~ 3rd from Semi-Final to Final.<br>Rest out. | | | | | | | |

| Placing | **Final** Lane (A) | Lane (B) |
|---|---|---|
| 1/1SF | 3 | 4 |
| 1/2SF | 4 | 3 |
| 2/1SF | 2 | 5 |
| 2/2SF | 5 | 2 |
| 3/1SF | 1 | 6 |
| 3/2SF | 6 | 1 |

Division of 6 Lanes (Cont'd)

For 25 – 30 competitors

| **No. of entries** | **No. of boats** | | | | |
|---|---|---|---|---|---|
| | Heat 1 | Heat 2 | Heat 3 | Heat 4 | Heat 5 |
| 25 | 5 | 5 | 5 | 5 | 5 |
| 26 | 6 | 5 | 5 | 5 | 5 |
| 27 | 6 | 6 | 5 | 5 | 5 |
| 28 | 6 | 6 | 6 | 5 | 5 |
| 29 | 6 | 6 | 6 | 6 | 5 |
| 30 | 6 | 6 | 6 | 6 | 6 |
| 1st ~ 3rd to Semi-Final + 4th, 5th & 6th Best Timing from Heats. Rest out. | | | | | |

| **Semi – Final Option (A)** | | | | | | **Semi – Final Option (B)** | | | | | |
|---|---|---|---|---|---|---|---|---|---|---|---|
| SF1 | Lane | SF2 | Lane | SF3 | Lane | SF1 | Lane | SF2 | Lane | SF3 | Lane |
| 1/H3 | 4 | 1/H4 | 4 | 1/H5 | 4 | 1/H2 | 3 | 1/H3 | 3 | 1/H4 | 3 |
| 1/H1 | 3 | 1/H2 | 3 | 2/H3 | 3 | 1/H5 | 4 | 2/H1 | 4 | 1/H1 | 4 |
| 2/H2 | 5 | 2/H5 | 5 | 2/H4 | 5 | 2/H3 | 2 | 2/H4 | 2 | 2/H2 | 2 |
| 3/H4 | 2 | 3/H1 | 2 | 2/H1 | 2 | 3/H1 | 5 | 2/H5 | 5 | 3/H3 | 5 |
| 3/H5 | 1 | 3/H3 | 1 | 3/H2 | 1 | 3/H4 | 1 | 3/H2 | 1 | 3/H5 | 1 |
| 3rdBT | 6 | 4thBT | 6 | 5thBT | 6 | 5thBT | 6 | 3rdBT | 6 | 4thBT | 6 |
| 1st & 2nd from Semi-Final to A-Final (A Final). 3rd & 4th from Semi-Final to B-Final (B Final) | | | | | | | | | | | |

| Placing | **FINAL: (Option A)** | **(Option B)** |
|---|---|---|
| 1/SF1 / (3/SF1 ) | 3 | 5 |
| 1/SF2 / (3/SF2) | 4 | 3 |
| 1/SF3 / (3/SF3) | 5 | 4 |
| 2/SF1 / (4/SF1) | 2 | 6 |
| 2/SF2 / (4/SF2) | 1 | 2 |
| 2/SF3 / (4/SF3) | 6 | 1 |