

Singapore Canoe Federation  
National Junior Canoe Championships 2010

14th March, Sunday  
Programme

**500m Races**

Race	Time	Event		Progression
81	8:00	<b>WK4</b>	<b>H1</b>	1st to Final, 2nd & 3rd to SF. Rest out
82	8:04	U15 MC1	H1	1st & 2nd to Final. 3rd ~ 5th to Semi-Final. Rest out
83	8:08	U15 MC1	H2	1st & 2nd to Final. 3rd ~ 5th to Semi-Final. Rest out
84	8:12	MK1	H1	1 <sup>st</sup> ~ 3 <sup>rd</sup> to Semi-Finals. Rest out.
85	8:16	MK1	H2	1 <sup>st</sup> ~ 3 <sup>rd</sup> to Semi-Finals. Rest out.
86	8:20	<b>WK4</b>	<b>H2</b>	1st to Final, 2nd & 3rd to SF. Rest out
87	8:24	MK1	H3	1 <sup>st</sup> ~ 3 <sup>rd</sup> to Semi-Finals. Rest out.
88	8:28	MK1	H4	1 <sup>st</sup> ~ 3 <sup>rd</sup> to Semi-Finals. Rest out.
89	8:32	MK1	H5	1 <sup>st</sup> ~ 3 <sup>rd</sup> to Semi-Finals. Rest out.
90	8:36	MK1	H6	1 <sup>st</sup> ~ 3 <sup>rd</sup> to Semi-Finals. Rest out.
91	8:40	<b>WK4</b>	<b>H3</b>	1st to Final, 2nd & 3rd to SF. Rest out
92	8:44	MK1	H7	1 <sup>st</sup> ~ 3 <sup>rd</sup> to Semi-Finals. Rest out.
93	8:48	MK1	H8	1 <sup>st</sup> ~ 3 <sup>rd</sup> to Semi-Finals. Rest out.
94	8:52	U15 MK1	H1	1st to Final, 2nd & 3rd to SF. Rest out
95	8:56	U15 MK1	H2	1st to Final, 2nd & 3rd to SF. Rest out
96	9:00	U15 MK1	H3	1st to Final, 2nd & 3rd to SF. Rest out
97	9:04	<b>MK4</b>	<b>H1</b>	1st ~ 3rd to SF. Rest out
98	9:08	MC1	H1	1st ~ 3rd to SF, + 4th ~ 6th BT from Heats to SF. Rest out
99	9:12	MC1	H2	1st ~ 3rd to SF, + 4th ~ 6th BT from Heats to SF. Rest out
100	9:16	MC1	H3	1st ~ 3rd to SF, + 4th ~ 6th BT from Heats to SF. Rest out
101	9:20	MC1	H4	1st ~ 3rd to SF, + 4th ~ 6th BT from Heats to SF. Rest out
102	9:24	<b>MK4</b>	<b>H2</b>	1st ~ 3rd to SF. Rest out
103	9:28	MC1	H5	1st ~ 3rd to SF, + 4th ~ 6th BT from Heats to SF. Rest out
104	9:32	MC1	H6	1st ~ 3rd to SF, + 4th ~ 6th BT from Heats to SF. Rest out
105	9:36	MC1	H7	1st ~ 3rd to SF, + 4th ~ 6th BT from Heats to SF. Rest out
106	9:40	U15 WK1	H1	1st & 2nd to Final. 3rd ~ 5th to Semi-Final. Rest out
107	9:44	U15 WK1	H2	1st & 2nd to Final. 3rd ~ 5th to Semi-Final. Rest out
108	9:48	<b>MK4</b>	<b>H3</b>	1st ~ 3rd to SF. Rest out
109	9:52	WK1	H1	1st ~ 3rd to SF, + 4th ~ 6th BT from Heats to SF. Rest out
110	9:56	WK1	H2	1st ~ 3rd to SF, + 4th ~ 6th BT from Heats to SF. Rest out
111	10:00	WK1	H3	1st ~ 3rd to SF, + 4th ~ 6th BT from Heats to SF. Rest out
112	10:04	WK1	H4	1st ~ 3rd to SF, + 4th ~ 6th BT from Heats to SF. Rest out
113	10:08	WK1	H5	1st ~ 3rd to SF, + 4th ~ 6th BT from Heats to SF. Rest out
114	10:12	<b>MK4</b>	<b>H4</b>	1st ~ 3rd to SF. Rest out
115	10:16	U15 WK2	H1	1st to Final, 2nd & 3rd to SF. Rest out
116	10:20	U15 WK2	H2	1st to Final, 2nd & 3rd to SF. Rest out
117	10:24	U15 WK2	H3	1st to Final, 2nd & 3rd to SF. Rest out
118	10:28	MC2	H1	1st ~ 3rd to SF, + 4th ~ 6th BT from Heats to SF. Rest out
119	10:32	MC2	H2	1st ~ 3rd to SF, + 4th ~ 6th BT from Heats to SF. Rest out
120	10:36	MC2	H3	1st ~ 3rd to SF, + 4th ~ 6th BT from Heats to SF. Rest out
121	10:40	MC2	H4	1st ~ 3rd to SF, + 4th ~ 6th BT from Heats to SF. Rest out
122	10:44	MC2	H5	1st ~ 3rd to SF, + 4th ~ 6th BT from Heats to SF. Rest out
123	10:48	U15 MK2	H1	1st to Final, 2nd & 3rd to SF. Rest out

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124	10:52	U15 MK2	H2	1st to Final, 2nd & 3rd to SF. Rest out
125	10:56	U15 MK2	H3	1st to Final, 2nd & 3rd to SF. Rest out
126	11:00	WK2	H1	1st ~ 3rd to SF. Rest out
127	11:04	WK2	H2	1st ~ 3rd to SF. Rest out
128	11:08	WK2	H3	1st ~ 3rd to SF. Rest out
129	11:12	WK2	H4	1st ~ 3rd to SF. Rest out
130	11:16	WK2	H5	1st ~ 3rd to SF. Rest out
131	11:20	WK2	H6	1st ~ 3rd to SF. Rest out
132	11:24	MK2	H1	1 <sup>st</sup> ~ 3 <sup>rd</sup> to Semi-Finals. Rest out.
133	11:28	MK2	H2	1 <sup>st</sup> ~ 3 <sup>rd</sup> to Semi-Finals. Rest out.
134	11:32	MK2	H3	1 <sup>st</sup> ~ 3 <sup>rd</sup> to Semi-Finals. Rest out.
135	11:36	MK2	H4	1 <sup>st</sup> ~ 3 <sup>rd</sup> to Semi-Finals. Rest out.
136	11:40	MK2	H5	1 <sup>st</sup> ~ 3 <sup>rd</sup> to Semi-Finals. Rest out.
137	11:44	MK2	H6	1 <sup>st</sup> ~ 3 <sup>rd</sup> to Semi-Finals. Rest out.
138	11:48	MK2	H7	1 <sup>st</sup> ~ 3 <sup>rd</sup> to Semi-Finals. Rest out.
139	11:52	MK2	H8	1 <sup>st</sup> ~ 3 <sup>rd</sup> to Semi-Finals. Rest out.

**Lunch Break**

**Medal Presentation:**

1000 m races: WK1, MC1, MK1, WK2, MC2 and MK2

140	13:30	<b>WK4</b>	<b>SF</b>	1st ~ 3rd from SF to FINAL. Rest out
141	13:35	U15 MC1	SF	1st & 2nd from SF to FINAL. Rest out
142	13:40	MK1	SF1	1st,+ 2 <sup>nd</sup> & 3 <sup>rd</sup> BT from SF to FINAL (4th~15th BT to B/C Final)
143	13:45	MK1	SF2	1st,+ 2 <sup>nd</sup> & 3 <sup>rd</sup> BT from SF to FINAL (4th~15th BT to B/C Final)
144	13:50	MK1	SF3	1st,+ 2 <sup>nd</sup> & 3 <sup>rd</sup> BT from SF to FINAL (4th~15th BT to B/C Final)
145	13:55	MK1	SF4	1st,+ 2 <sup>nd</sup> & 3 <sup>rd</sup> BT from SF to FINAL (4th~15th BT to B/C Final)
146	14:00	U15 MK1	SF	1st ~ 3rd from SF to FINAL. Rest out
147	14:05	MC1	SF1	1st,+ 2 <sup>nd</sup> & 3 <sup>rd</sup> BT from SF to FINAL (4th~15th BT to B/C Final)
148	14:10	MC1	SF2	1st,+ 2 <sup>nd</sup> & 3 <sup>rd</sup> BT from SF to FINAL (4th~15th BT to B/C Final)
149	14:15	MC1	SF3	1st,+ 2 <sup>nd</sup> & 3 <sup>rd</sup> BT from SF to FINAL (4th~15th BT to B/C Final)
150	14:20	MC1	SF4	1st,+ 2 <sup>nd</sup> & 3 <sup>rd</sup> BT from SF to FINAL (4th~15th BT to B/C Final)
151	14:25	<b>MK4</b>	<b>SF1</b>	1st ~ 3rd from SF to FINAL. Rest out
152	14:30	U15 WK1	SF	1st & 2nd from SF to FINAL. Rest out
153	14:35	WK1	SF1	1st & 2nd to FINAL. (3rd & 4th to B Final) Rest out
154	14:40	WK1	SF2	1st & 2nd to FINAL. (3rd & 4th to B Final) Rest out
155	14:45	WK1	SF3	1st & 2nd to FINAL. (3rd & 4th to B Final) Rest out
156	14:50	<b>MK4</b>	<b>SF2</b>	1st ~ 3rd from SF to FINAL. Rest out
157	14:55	U15 WK2	SF	1st & 2nd from SF to FINAL. Rest out
158	15:00	MC2	SF1	1st & 2nd to FINAL. (3rd & 4th to B Final) Rest out
159	15:05	MC2	SF2	1st & 2nd to FINAL. (3rd & 4th to B Final) Rest out
160	15:10	MC2	SF3	1st & 2nd to FINAL. (3rd & 4th to B Final) Rest out
161	15:15	U15 MK2	SF	1st & 2nd from SF to FINAL. Rest out
162	15:20	WK2	SF1	1st & 2nd to FINAL. (3rd & 4th to B Final) Rest out
163	15:25	WK2	SF2	1st & 2nd to FINAL. (3rd & 4th to B Final) Rest out
164	15:30	WK2	SF3	1st & 2nd to FINAL. (3rd & 4th to B Final) Rest out
165	15:35	MK2	SF1	1st,+ 2 <sup>nd</sup> & 3 <sup>rd</sup> BT from SF to FINAL (4th~15th BT to B/C Final)
166	15:40	MK2	SF2	1st,+ 2 <sup>nd</sup> & 3 <sup>rd</sup> BT from SF to FINAL (4th~15th BT to B/C Final)
167	15:45	MK2	SF3	1st,+ 2 <sup>nd</sup> & 3 <sup>rd</sup> BT from SF to FINAL (4th~15th BT to B/C Final)
168	15:50	MK2	SF4	1st,+ 2 <sup>nd</sup> & 3 <sup>rd</sup> BT from SF to FINAL (4th~15th BT to B/C Final)

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169	16:00	<b>WK4</b>	FINAL
170	16:05	U15 MC1	FINAL
171	16:10	MK1	C FINAL
172	16:15	MK1	B FINAL
173	16:20	MK1	FINAL
174	16:25	U15 MK1	FINAL
175	16:30	MC1	C FINAL
176	16:35	MC1	B FINAL
177	16:40	MC1	FINAL
178	16:45	<b>MK4</b>	FINAL
179	16:50	U15 WK1	FINAL
180	16:55	WK1	B FINAL
181	17:00	WK1	FINAL
182	17:05	U15 MC2	FINAL
183	17:10	U15 WK2	FINAL
184	17:15	MC2	B FINAL
185	17:20	MC2	FINAL
186	17:25	U15 MK2	FINAL
187	17:30	WK2	B FINAL
188	17:35	WK2	FINAL
189	17:40	MK2	C FINAL
190	17:45	MK2	B FINAL
191	17:50	MK2	FINAL

**6:00 PM - Medal Presentation**

- (1) 1000 m races: WK4, MK4
- (2) 500 m races: U15WK1, U15MC1, U15MK1, U15WK2, U15MC2 and U15MK2
- (3) 500 m races: WK1, MC1, MK1, WK2, MC2, MK2, WK4 and MK4