

SINGAPORE CANOE FEDERATION

National Canoeing Championship 2011

23rd & 24th July 2011 (Sat, Sun)

Bedok Reservoir

Rules and Regulations

A. General Rules and Regulations

1. Objectives

- a) To compete and complete a clearly defined, unobstructed straight line course in the shortest possible time.
- b) To provide opportunities for junior canoeists to compete at the national level.
- c) To identify young talents in the discipline of Canoe Sprint.

2. Competition Rules

All competitions shall be held in accordance with this Rules and Regulations, and the current version of International Canoe Federation Competition Rules for Canoe Sprint.

3. Competitors & Entries

All competitors must be Singapore residents.

- a) Only the members of Clubs/ Associations/ Schools affiliated with the Federation have the right to participate in this competition.
- b) The competitors must represent only one organisation.
- c) A competitor is not allowed to represent more than one Club/ School/ Association.
- d) Competitors who represent more than one organisation will be disqualified.
- e) The age limit for Junior Category is for competitors whose 18th birthday falls in the calendar year of race.
- f) The age limit for Under 15 category is for competitors whose 14th birthday falls in the calendar year of race.
- g) Each affiliate is allowed two boats per event, with the exception of K4 events where only one entry is allowed.
- h) Entry fee is at \$15 per person per event.
- i) Closing dates:

Submission of Form A - before 4th July 2011, Monday

Submission of Form B - before 8th July 2011, Friday

Payment of Registration Fees - before 11th July, Monday

- j) Team Manager Meeting is on 12th July, Tuesday, 7.30 pm

**People's Association Headquarters - Conference Room 2
9 King George's Ave
Singapore 208581**

Payment of Entry Fee may be made via the following channel :

By Hand :

- (1) Singapore Canoe Federation
Kallang Water Sports Centre (Administration Office)
(opposite former Police Coast Guards Headquarters, near NCC Sea Training Centre)
Please make an appointment before your visit.

- (2) The Paddle Lodge
MacRitchie Reservoir

By Post :

For cheque payment, please make a crossed cheque payable to
"Singapore Canoe Federation"

Cheque payment to be sent to the following address :

Singapore Canoe Federation
c/o Crawford Post Office
PO Box 570
Singapore 911903

Please DO NOT send cash via post.

- (3) By ATM or Internet Bank Transfer
Singapore Canoe Federation
DBS Current Account 001-038371-0
DBS Bank

Team Managers must retain and bring along proof of payment at the Team Manager Meeting and present upon request as proof of payment,

All entry fee must be made BEFORE the Team Manager Meeting.

**Withdrawal of entries after the processing of entries will be registered.
No entry fee will be refunded for any withdrawn entry.**

There will be no refund of entry fees.

4. Events

Categories / Distance	1000m	500m	200m
Open Men	C1, C2, K1, K2, K4	C1, C2, K1, K2, K4	C1, C2, K1, K2, K4
Open Women	K1, K2, K4	K1, K2, K4	K1, K2, K4
U15 Men	K1, K2	C1, C2, K1, K2, K4	NA
U15 Women	K1, K2	K1, K2, K4	NA

5. Specifications for Canoes and Kayaks

	C1	C2	K1	K2	K4
Max. Length/ cm	520	650	520	650	1100
Min. Weight/ kg	16	20	12	18	30

- a) The length of a canoe or kayak shall be measured between the extremes of the bow and stern. Any rudder forming a continuation of the length of a kayak is not to be included in the measurement.
- b) All boats must have a lane identification number plate holder on the centerline of the deck.
- c) All kayaks must have seats.
- d) All competitors are to provide their own kayaks and canoes in accordance to the above specifications.
- e) Movement of the boats to Bedok Reservoir must be done on 11 March (Friday), before 4.30 pm.
- f) All boats and equipment are stored at the race site at the owner's risk.
- g) The Organising Committee is not responsible for any loss or damage of boats or equipment at the race site.

6. Boat Control

- a) The competition organiser reserves the right to select at random any boats for Boat Control.
- b) Any accessories of canoe or kayak, and/or added weight, if drop out from boat at the Boat Control, will not be considered as part of the boat.
- c) Any boat that does not meet the minimum weight requirement at the Boat Control will be deemed to have failed Boat Control and the competitors of the boats will be considered to have disqualified from the race.

7. Alterations in entries and withdrawals

- a) No alteration of entries will be allowed after the closing date, though substitution (must be from the entry list of competitors' names) may be submitted at least **ONE** hour before the start of the 1st race.
- b) A maximum of six substitutes can be included in the Entry List of Competitors' Details.
- c) Any team who has withdrawn from one event will not be allowed to enter any other event for which they have not registered during the initial submission.

8. Protest and Appeal

- a) A protest or appeal for infringement during the race must be lodged by only the team manager and within 10 minutes after the public release of results of the event.
- b) All protests and appeals shall be made in writing and be accompanied by a fee of **\$100.00 each.**
- c) All protest / appeal will be deliberated by the Competition Committee.
- d) The fee will be refunded only if the protest or appeal is upheld.

9. Lane Identification Number

- a) All boats shall carry a vertical plate, indicating the lane, on the centerline of the boat.
- b) The number must be visible to the Finish Judge at the finish line.

- c) Boats that cross the finish line without Lane Identification Number plate may not receive a finish position in a race.

10. Instructions for Competitors

- a) All competitors must have attained at least the One Star Award. The onus will be on the team managers to ensure that all their competitors meet the above pre-requisite.
- b) Buoyancy vests must be worn at all times when paddling on water, before entering the launch pontoon.
- c) Before the start of the race, each team manager shall receive the following information:-
 - i) Detailed information on the courses and their markings.
 - ii) Starting time.
 - iii) Starting lane.
 - iv) Type of boat control.

B. Racing Regulations

1. Disqualification

- a) Any competitor who attempts to win a race by other than honourable means, or who breaks the racing regulations, or who disregards the honourable nature of the racing regulations shall be disqualified from the race.
- b) Should a competitor have completed a race in a canoe or kayak, which is shown upon inspection not to conform with the ICF classifications he/ she shall be disqualified from the race in question.
- c) It is forbidden to receive, during a race, outside help, or to be accompanied by other boats along the course – even outside the lanes – or by throwing objects into the course. The minimum penalty imposed could be that of the withdrawal of an event from the Clubs/ Associations/ Schools of the pacer.
- d) In the event of a capsize, the competitor or crew is eliminated from the race.
- e) No warm-up or practice is allowed along the racing lane during the course of the Championships.
- f) All such acts shall entail the disqualification of the competitor concerned.
- g) The lanes are marked with buoys or floats, competitors must pass in between the buoys corresponding to their lane. Paddling across other lanes can be disqualified from the race.
- h) Competitors moving to the start line must keep a minimum distance of 10 m from the race course, and stop when the boats of race in progress is passing by in the race course.

2. Means of propulsion

- a) Kayak shall be propelled solely by means of double-bladed paddle.
- b) Canadian canoe shall be propelled solely by means of single-bladed paddle.
- c) The paddle may not be fixed on the boat in any way.
- d) If a paddle is broken a competitor may not be provided with a new one by a supporter.

3. Heats and Finals

- a) At least 3 canoes or kayaks must be entered before a race can be held. If the number of entries in races up to and including 1000 metres is so high that heats are necessary, the number of boats in each heat and in the final must not exceed 6.
- b) The division of the competitors into heats shall be determined by the drawing of lots.
- c) For the C1, C2, K1, K2 & K4 events, 6 boats may participate in the final, if more than this number has been entered in the race, it shall be as follows (see Appendix A):

3 – 6 entries:	Direct final.
7 – 12 entries:	2 heats and 1 st & 2 nd from each heat to final. 3 rd to 5 th to semi-final and rest out. From semi-final 1 st & 2 nd to final
13 – 18 entries:	3 heats and 1 st from each heat to final. 2 nd and 3 rd from each heat to semi-final and rest out. From the semi-final, first 3 to the final
19 – 24 entries:	4 heats and 1 st to 3 rd from each heat to two semi-finals and rest out. From the semi-finals, 1 st to 3 rd to final and rest out
25 – 30 entries:	5 heats and 1 st to 3 rd from each heat + 4 th to 6 th best timings to three semi-finals. From the semi-finals, 1 st to 2 nd to A final, 3 rd to 4 th to B final and rest out
31 – 36 entries:	6 heats and 1 st to 3 rd from each heat to three semi-finals. From the semi-finals, 1 st to 2 nd to A final, 3 rd to 4 th to B final and rest out
37 – 42 entries:	7 heats and 1 st to 3 rd from each heat + 4 th to 6 th best timings from heats to four semi-finals. From the semi-finals, 1 st from each semi-final + 2 nd to 3 rd best timings from all semi-finals to A final, 4 th to 9 th best timings from all semi-finals to B final, 10 th to 15 th best timings to C Final and rest out
43 – 48 entries	8 heats and 1 st to 3 rd from each heat to four semi-finals. From the semi-finals, 1 st from each semi-final + 2 nd to 3 rd best timings from all semi-finals to A final, 4 th to 9 th best timings from all semi-finals to B final, 10 th to 15 th best timings to C Final and rest out.
49 – 54 entries	9 heats and 1 st to 3 rd from each heat to five semi-finals. From the semi-finals, 1 st from each semi-final + 2 nd best timings from all semi-finals to A final, 3 rd to 8 th best timings from all semi-finals to B final, 9 th to 14 th best timings to C Final and rest out.

Withdrawal OR 'no-show' during the Championships	Any withdrawal or 'no show' <u>during the Championships</u>, by any team, for any heat, will not affect the other boats in that heat. Should the withdrawal or 'no show' result in only one boat remaining in a particular heat, that remaining boat will automatically proceed to the next round by default.
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- d) When making the draw, the difference between the numbers of competitors in the heats of a race shall not exceed one. If the number of competitors in the heats varies, the earlier heats shall have the larger numbers.
- e) Any crew that has not taken part in a heat (except for events with no heats) shall NOT be allowed to compete in the final.

4. Start

- a) Lots shall be drawn to determine the station of the boats at the start. Number one shall be placed to the left most (in the direction facing the finishing line), then number 2 and so on.
- b) In competitions where heats are required, lots must be drawn separately for each heat.
- c) Competitors have to be at the starting area at least 2 events before the start of their race. The start shall be given punctually without reference to any absentees.
- d) Competitor who fails to report 2 events before his/ her event shall be considered to have voluntarily withdrawn from the race.
- e) The position of the boats at the start shall be such that the bow of the competing boats is on the starting line. Boats must be stationary. Blades are allowed on the water surface to keep balance but must not propel forward.
- f) The starting command will be "Ready – Set - Go" ("Go" can be a shot or strong sound signal). At the "Ready" command the competitors begin their preparation to paddle. At the "Set" command the competitors place their paddle in the catch position. The competitor must not paddle forward or this action will be deemed to be a false start. The boat must not move forward at this point in the starting procedure. The starter when satisfied with the competitors positioning and attention will say "Go" (or shot or powerful sound). The competitors must only react to the start command/signal "Go" and are not permitted to anticipate it. The competitors can paddle only upon hearing the starting signal/command "Go".
- g) In the event of a false start, the Starter must immediately give a powerful sound signal. On hearing this signal all competitors must stop paddling and follow the Starter's instructions for a new start. Before the new start, the Starter must identify the offending crew/s making the false start and give them a warning. In the event of a second false start by the same crew the boat will be disqualified from the race and must leave the starting area and the course immediately.
- h) The Starter must immediately warn the offending competitor/s, and if 2 false starts are made by the same competitor/s, the competitor will be disqualified from the race.
- i) Any competitor who disregards the second warning of the starter to take up the correct position at the start, and who keeps ahead of the other competitors, shall be disqualified from the race.
- j) Should circumstances requires, the recall of a started race shall be made by means of a second long blast of the air horn made by the starter.

5. Interruptions

The Umpire has the right to interrupt a correctly started race if unforeseen hindrances arise. Such an interruption may be effected by the course umpires with a red flag and sound signal. Competitors must immediately stop paddling and await further instructions.

6. Taking pace and hanging

- a) Taking pace or receiving assistance from boats not in the race or by any other means is not permitted.
- b) In races up to 1000 metres, competitors must keep their lane from the start to the finish of the course. It is forbidden to hang, and no competitor must come nearer than two metres in any direction to another competitor.

7. Collision or Damages

Any competitor who is responsible for a collision or who damages the boat or paddle of another competitor will be disqualified, and will be responsible for the cost of repair.

8. Finish

- a) The boat will be considered to have finished the race when its bow crosses the finish line with all crew members in it.
- b) If two or more boats reach the finishing line at the same time they are awarded the same classification in the final. In case of a dead heat finish for any position which determines the advance to the next level of the competitions, the following rules will apply:
 - i) Whenever there are sufficient number of lanes available in the next level of the competitions, drawing of lots will determine to which race these boats will advance. If it is possible it may also use lane number 0 or 7.
 - ii) In case of a dead heat in a rerace, drawing of lots will determine the outcome.

9. Awards/Medals

- (a) The championships medals shall be given to top three positions (Gold, Silver, Bronze), competitor(s) who have won championship races at the finals at a victory ceremony.
- (b) The winner or a representative from the winning team must be present at the victory ceremony when the medals are presented.
- (c) If the winner or representative of the winner is not present, the organising committee reserves the right not to release the medal to the winner.

10. Matters not covered by this set of Rules and Regulations

For any matter not explained in this set of Rules and regulations, the Organising Committee shall deliberate and make the final decision.

Appendix A

Division of 6 Lanes (C1, C2, K1, K2, K4 events)

For 7 - 12 competitors

No. of entries	No. of boats		Semi - Final		Placing	Final	
	Heat 1	Heat 2	Placing	Lane		Lane (A)	Lane (B)
7	4	3	3 / H1	4	1 / H1	4	3
8	4	4	4 / H1	5	2 / H1	5	2
9	5	4	5 / H1	6	1 / H2	3	4
10	5	5	3 / H2	3	2 / H2	2	5
11	6	5	4 / H2	2	1 / SF	6	1
12	6	6	5 / H2	1	2 / SF	1	6
1 st & 2 nd from Heats to Final. 3 rd , 4 th , and 5 th to Semi-Final. Rest out.			1 st & 2 nd from Semi-Final to Final. Rest out.				

For 13 - 18 competitors

No. of entries	No. of boats			Semi - Final		Placing	Final	
	Heat 1	Heat 2	Heat 3	Placing	Lane		Lane (A)	Lane (B)
13	5	4	4	2 / H1	3	1 / H1	3	4
14	5	5	4	3 / H1	5	1 / H2	4	5
15	5	5	5	2 / H2	4	1 / H3	2	3
16	6	5	5	3 / H2	1	1 / SF	5	2
17	6	6	5	2 / H3	2	2 / SF	1	6
18	6	6	6	3 / H3	6	3 / SF	6	1
1 st from Heats to Final. 2 nd & 3 th to Semi-Final. Rest out.			1 st ~ 3 rd from Semi-Final to Final. Rest out.					

For 19 - 24 competitors

No. of entries	<u>No. of boats</u>				<u>Semi – Final Option (A)</u>				<u>Semi – Final Option (B)</u>			
	Heat 1	Heat 2	Heat 3	Heat 4	SF1 Lane	Lane	SF2		SF1	Lane	SF2	Lane
19	5	5	5	4	1/H1	4	1/H2	4	1/H1	3	1/H2	3
20	5	5	5	5	1/H3	3	1/H4	3	1/H4	4	1/H3	4
21	6	5	5	5	2/H2	5	2/H1	5	2/H2	2	2/H1	2
22	6	6	5	5	2/H4	2	2/H3	2	2/H3	5	2/H4	5
23	6	6	6	5	3/H1	6	3/H2	6	3/H1	1	3/H2	1
24	6	6	6	6	3/H3	1	3/H4	1	3/H4	6	3/H3	6
1 st ~ 3 rd to Semi-Final. Rest out.					1 st ~ 3 rd from Semi-Final to Final. Rest out.							
Placing					Final							
					Lane (A)				Lane (B)			
1/1SF					3				4			
1/2SF					4				3			
2/1SF					2				5			
2/2SF					5				2			
3/1SF					1				6			
3/2SF					6				1			

For 25 – 30 competitors

No. of entries	<u>No. of boats</u>				
	Heat 1 Heat 5	Heat 2	Heat 3	Heat 4	
25	5	5	5	5	5
26	6	5	5	5	5
27	6	6	5	5	5
28	6	6	6	5	5
29	6	6	6	6	5
30	6	6	6	6	6

1st ~ 3rd to Semi-Final + 4th, 5th & 6th Best Timings (BT) from Heats.
Rest out.

<u>Semi – Final Option (A)</u>						<u>Semi – Final Option (B)</u>					
SF1 Lane	Lane	SF2	Lane	SF3		SF1	Lane	SF2	Lane	SF3	
1/H1	4	1/H2	4	1/H5	4	1/H2	3	1/H3	3	1/H4	3
1/H3	3	1/H4	3	2/H3	3	1/H5	4	2/H1	4	1/H1	4
2/H2	5	2/H5	5	2/H4	5	2/H3	2	2/H4	2	2/H2	2
3/H4	2	3/H1	2	2/H1	2	3/H1	5	2/H5	5	3/H3	5
3/H5	1	3/H3	1	3/H2	1	3/H4	1	3/H2	1	3/H5	1
3 rd BT	6	4 th BT	6	5 th BT	6	5 th BT	6	3 rd BT	6	4 th BT	6

1st & 2nd from Semi-Final to A-Final (A Final).
3rd & 4th from Semi-Final to B-Final (B Final).

Placing	FINAL: (Option A)	(Option B)
1/SF1 / (3/SF1)	3	5
1/SF2 / (3/SF2)	4	3
1/SF3 / (3/SF3)	5	4
2/SF1 / (4/SF1)	2	6
2/SF2 / (4/SF2)	1	2
2/SF3 / (4/SF3)	6	1

For 31 – 36 competitors

No. of entries	<u>No. of boats</u>					
	Heat 1 Heat 6	Heat 2	Heat 3	Heat 4	Heat 5	
31	6	5	5	5	5	5
32	6	6	5	5	5	5
33	6	6	6	5	5	5
34	6	6	6	6	5	5
35	6	6	6	6	6	5
36	6	6	6	6	6	6

1st ~ 3rd from Heats to Semi-Final
Rest out.

<u>Semi – Final Option (A)</u>						<u>Semi – Final Option (B)</u>					
SF1 Lane	Lane	SF2	Lane	SF3		SF1	Lane	SF2	Lane	SF3	
1/H1	4	1/H2	4	1/H3	4	1/H3	3	1/H2	3	1/H1	3
1/H4	3	1/H5	3	1/H6	3	1/H4	4	1/H6	4	1/H5	4
2/H2	5	2/H3	5	2/H4	5	2/H2	2	2/H4	2	2/H3	2
2/H5	2	2/H6	2	2/H1	2	2/H1	5	2/H5	5	2/H6	5
3/H3	1	3/H4	1	3/H5	1	3/H6	1	3/H1	1	3/H2	1
3/H6	6	3/H1	6	3/H2	6	3/H5	6	3/H3	6	3/H4	6

1st & 2nd from Semi-Final to A-Final (A Final).
3rd & 4th from Semi-Final to B-Final (B Final).

Placing	FINAL: (Option A)	Option B)
1/SF1 / (3/SF1)	3	5
1/SF2 / (3/SF2)	4	3
1/SF3 / (3/SF3)	5	4
2/SF1 / (4/SF1)	2	6
2/SF2 / (4/SF2)	1	2
2/SF3 / (4/SF3)	6	1

For 37 – 42 competitors

No. of entries	<u>No. of boats</u>						
	Heat 1 Heat 7	Heat 2	Heat 3	Heat 4	Heat 5	Heat 6	Heat 6
37	6	6	5	5	5	5	5
38	6	6	6	5	5	5	5
39	6	6	6	6	5	5	5
40	6	6	6	6	6	5	5
41	6	6	6	6	6	6	5
42	6	6	6	6	6	6	6

1st ~ 3rd to Semi-Final + 4th, 5th & 6th Best Timings from Heats.
Rest out.

<u>Semi – Final Option (A)</u>								<u>Semi – Final Option (B)</u>							
SF1 Lane	SF2 Lane	SF3 Lane	SF4 Lane	SF1 Lane	SF2 Lane	SF3 Lane	SF4 Lane	SF1 Lane	SF2 Lane	SF3 Lane	SF4 Lane	SF1 Lane	SF2 Lane	SF3 Lane	SF4 Lane
1/H1	4	1/H 2	4	1/H 3	4	1/H 4	4	1/H 2	3	1/H 3	3	1/H 4	3	1/H 1	3
1/H5	3	1/H 6	3	1/H 7	3	2/H 1	3	2/H 4	4	1/H 5	4	1/H 6	4	1/H 7	4
2/H4	5	2/H 5	5	2/H 6	5	2/H 2	5	2/H 5	2	2/H 1	2	2/H 2	2	2/H 3	2
2/H7	2	3/H 1	2	3/H 2	2	2/H 3	2	2/H 6	5	2/H 7	5	3/H 5	5	3/H 6	5
3/H3	1	3/H 4	1	3/H 5	1	3/H 7	1	3/H 1	1	3/H 2	1	3/H 3	1	3/H 4	1
3/H6	6	4 th BT	6	5 th BT	6	6 th BT	6	3/H 7	6	4 th BT	6	5 th BT	6	6 th BT	6

1st to A-Final + 2nd & 3rd Best Timings to A Final.
4th to 9th Best Timings to B Final. 10th to 15th Best Timings to C Final.

Placing	FINAL: (Option A)	Option B)
1/SF1 / (4 th BT) / (10 th BT)	3	2
1/SF2 / (5 th BT) / (11 th BT)	4	5
1/SF3 / (6 th BT) / (12 th BT)	5	3
1/SF4 / (7 th BT) / (13 th BT)	2	4
2 nd BT / (8 th BT) / (14 th BT)	1	6
3 rd BT / (9 th BT) / (15 th BT)	6	1

For 43 – 48 competitors

No. of entries	<u>No. of boats</u>							
	Heat 1 Heat 8	Heat 2	Heat 3	Heat 4	Heat 5	Heat 6	Heat 7	Heat 7
43	6	6	6	5	5	5	5	5
44	6	6	6	6	5	5	5	5
45	6	6	6	6	6	5	5	5
46	6	6	6	6	6	6	5	5
47	6	6	6	6	6	6	6	5
48	6	6	6	6	6	6	6	6

1st ~ 3rd to Semi-Finals. Rest out.

<u>Semi – Final Option (A)</u>								<u>Semi – Final Option (B)</u>							
SF1 Lane	Lane	SF2 Lane	Lane	SF3 Lane	Lane	SF4 Lane	Lane	SF1 Lane	Lane	SF2 Lane	Lane	SF3 Lane	Lane	SF4 Lane	Lane
1/H1	4	1/H 2	4	1/H 3	4	1/H 4	4	1/H 2	3	1/H 3	3	1/H 4	3	1/H 1	3
1/H5	3	1/H 6	3	1/H 7	3	1/H 8	3	1/H 8	4	1/H 5	4	1/H 6	4	1/H 7	4
2/H4	5	2/H 5	5	2/H 6	5	2/H 2	5	2/H 5	2	2/H 1	2	2/H 2	2	2/H 3	2
2/H7	2	2/H 1	2	2/H 2	2	2/H 3	2	2/H 6	5	2/H 7	5	3/H 5	5	3/H 6	5
3/H3	1	3/H 4	1	3/H 5	1	3/H 7	1	3/H 1	1	3/H 2	1	3/H 3	1	3/H 4	1
3/H6	6	3/H 8	6	3/H 2	6	3/H 1	6	3/H 5	6	3/H 6	6	3/H 7	6	3/H 8	6

1 st to A-Final + 2 nd & 3 rd Best Timings to A Final. 4 th to 9 th Best Timings to B Final. 10 th to 15 th Best Timings to C Final.		
Placing	FINAL: (Option A)	Option B)
1/SF1 / (4 th BT) / (10 th BT)	3	2
1/SF2 / (5 th BT) / (11 th BT)	4	5
1/SF3 / (6 th BT) / (12 th BT)	5	3
1/SF4 / (7 th BT) / (13 th BT)	2	4
2 nd BT / (8 th BT) / (14 th BT)	1	6
3 rd BT / (9 th BT) / (15 th BT)	6	1

For 49 – 54 competitors

No. of entries	<u>No. of boats</u>								
	Heat 1 Heat 9	Heat 2	Heat 3	Heat 4	Heat 5	Heat 6	Heat 7	Heat 8	Heat 8
49	6	6	6	6	5	5	5	5	5
50	6	6	6	6	6	5	5	5	5
51	6	6	6	6	6	6	5	5	5
52	6	6	6	6	6	6	6	5	5
53	6	6	6	6	6	6	6	6	5
54	6	6	6	6	6	6	6	6	6

1st ~ 3rd to Semi-Final + 4th, 5th & 6th Best Timings from Heats.
Rest out.

<u>Semi – Final Option (A)</u>										<u>Semi – Final Option (B)</u>									
SF1 Lane	Lane	SF2 Lane	SF3 Lane	SF4 Lane	SF5 Lane	SF1 Lane	Lane	SF2 Lane	SF3 Lane	SF4 Lane	SF5 Lane	SF1 Lane	Lane	SF2 Lane	SF3 Lane	SF4 Lane	SF5 Lane	SF5 Lane	Lane
1/H 1	4	1/H 2	4	1/H 3	4	1/H4	4	1/H5	4	1/H2	3	1/H 3	3	1/H 4	3	1/H 1	3	1/H8	3
1/H 6	3	1/H 7	3	1/H 8	3	1/H9	3	2/H2	3	1/H9	4	1/H 5	4	1/H 6	4	1/H 7	4	2/H5	4
2/H 4	5	2/H 5	5	2/H 6	5	2/H3	5	2/H7	5	2/H4	2	2/H 1	2	2/H 2	2	2/H 3	2	2/H8	2
3/H 5	2	2/H 1	2	2/H 9	2	3/H7	2	2/H8	2	2/H6	5	2/H 7	5	3/H 7	5	3/H 6	5	2/H9	5
3/H 3	1	3/H 4	1	6 th BT	1	3/H1	1	4 th BT	1	3/H1	1	3/H 2	1	3/H 3	1	3/H 4	1	3/H5	1
3/H 6	6	3/H 8	6	3/H 2	6	5 th BT	6	3/H9	6	5 th BT	6	6 th BT	6	4 th BT	6	3/H 9	6	3/H8	6

1 st to A-Final + 2 nd Best Timing to A Final. 3 rd to 8 th Best Timings to B Final. 9 th to 14 th Best Timings to C Final.		
Placing	FINAL: (Option A)	(Option B)
1/SF1 / (4 th BT) / (10 th BT)	3	2
1/SF2 / (5 th BT) / (11 th BT)	4	5
1/SF3 / (6 th BT) / (12 th BT)	5	3
1/SF4 / (7 th BT) / (13 th BT)	2	4
2 nd BT / (8 th BT) / (14 th BT)	1	6
3 rd BT / (9 th BT) / (15 th BT)	6	1