Appendix G Phase II Selection Assessment Form

National Canoe Polo Training Squad Selection-Beep test

Name:
Candidate no:

For men	Time Set (secs)	1st Attempt	2nd Attempt	3rd Attempt	4th Attempt
Stage 1	13	pass/fail	pass/fail	pass/fail	pass/fail
Stage 2	12	pass/fail	pass/fail	pass/fail	pass/fail
Stage 3	11	pass/fail	pass/fail	pass/fail	pass/fail
Stage 4	10	pass/fail	pass/fail	pass/fail	pass/fail
Stage 5	9	pass/fail	pass/fail	pass/fail	pass/fail
Stage 6	8	pass/fail	pass/fail	pass/fail	pass/fail
Stage 7	7	pass/fail	pass/fail	pass/fail	pass/fail
Stage 8	6	pass/fail	pass/fail	pass/fail	pass/fail
Stage 9	5	pass/fail	pass/fail	pass/fail	pass/fail

For Ladies	Time Set (secs)	1st Attempt	2nd Attempt	3rd Attempt	4th Attempt
Stage 1	15	pass/fail	pass/fail	pass/fail	pass/fail
Stage 2	14	pass/fail	pass/fail	pass/fail	pass/fail
Stage 3	13	pass/fail	pass/fail	pass/fail	pass/fail
Stage 4	12	pass/fail	pass/fail	pass/fail	pass/fail
Stage 5	11	pass/fail	pass/fail	pass/fail	pass/fail
Stage 6	10	pass/fail	pass/fail	pass/fail	pass/fail
Stage 7	9	pass/fail	pass/fail	pass/fail	pass/fail
Stage 8	8	pass/fail	pass/fail	pass/fail	pass/fail
Stage 9	7	pass/fail	pass/fail	pass/fail	pass/fail

Overall Grading For Beep Test:
Grade 1/ 2/ 3/ 4/ 5/ 6/ 7/ 8/ 9

Graded by:
Name and Signature:

_____